matter with you Umm Darda'?" She said, "Your brother, Abu Darda' stands in prayer all the night and fasts all the day. He no longer wants anything from this worldly life. Then Abu Darda' came back greeted him and had some food prepared for him. Salman said, "You have to eat with me" Abu Darda' said, "I am fasting." But Salman swore an oath that he must eat with him" Accordingly, they ate together. At night, Abu Darda' wanted to spend the night in prayer but Salman asked him not to do (in that night). Then, he said, "Your body has a right over you and your wife has a right over you. Observe the fast sometimes and also leave it (the fast) at other times; stand up for the prayer at night and also approach your wife at another night. Thus you have to give every thing its right. In the morning Abu Darda' told the Prophet (pbuh) what Salman had done with him. The Prophet (pbuh), repeating Salman statement, said, "Abu Darda'! Your body has a right over you..."

[Reported by Al-Bukhari and Tirmidhi]

Before Marriage

Righteousness and Marriage

Qur'anic verses

{O mankind! We created you from a single (pair) of a male and a female, and made you intonations and tribes, that ye may know each other (not that ye may despise each other). Verily the most honored of you in the sight of Allah is (he who is) the most righteous of you.}

[Al-Hujurat: 13]

{Marry those among you who are single,⁹ and the virtuous¹⁰ ones among your slaves, male or female: if they are in poverty, Allah will give them means out of His grace: For Allah is Ample giving, and He knows all things.]

[Al-Nur: 32]

Prophetic Hadiths:

Abu Hurayrah (may Allah be pleased with him) reports the Prophet (pbuh) to have said,

"When a religious man who is of good manners betroths a woman, he should not be rejected; otherwise there will be corruption in

 $^{^9}$ Single here means anyone not in the bond of ... wedlock, whether unmarried or lawfully divorced, or widowed.

¹⁰ Religiousness is the only condition mentioned in the verse for a suitable match. A religious wife who has a good character and disposition helps her husband in all walks of life. She brings up children well, treats her husband's kin well, obeys her husband, fulfills his oath, pleases him when corning, and guards his property and reputation when leaving.